

# THE CARGO COURIER

123rd Airlift Wing, Kentucky Air National Guard, Louisville, Ky.

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## Ky. Air Guard answers 2nd call to war



### Nearly 400 KyANG airmen deploy to overseas locations

By Tech. Sgt. Amy Mundell  
Cargo Courier Editor

Nearly 400 Kentucky Air Guard troops were mobilized and deployed to overseas locations last month in support of the Global War on Terror, including Operation Iraqi Freedom.

The mobilized KyANG members, who began departing for undisclosed locations on March 6, hail from a variety of duty sections across base and will provide airlift support in what could be a yearlong deployment.

The unit, which is answering its second major call to war since the Sept. 11, 2001, attacks on the United States, has participated in almost every major contingency since Operation Desert Storm.

Col. Michael Harden, commander of the 123rd Airlift Wing, said the deployment process went smoothly, noting that the troops who left here were well-equipped to complete the mission successfully.

“Over the past several weeks, this unit has sent about 400 airmen to fight this war,” Harden said. “We got them out of town with everything that they need to fight and win.”

“Many late nights were spent ensuring that when these folks left, they were ready,” he said. “There was no complaining, just a sense of duty and purpose that folks in this unit have displayed for years.”

“I know that everyone who was involved in this deployment process wishes that they were deploying themselves—but they can take pride in sending our folks off fully trained, equipped, and ready to do their jobs to rid the world of this evil regime.”



photos by Senior Airman Diane Stinnett/KyANG

**TOP:** Loadmaster Master Sgt. Freddy Logsdon of the 165th Airlift Squadron is briefed by Tech. Sgt. Jim Ferguson, from the 123rd Aerial Port Squadron, on cargo that will be uploaded. More than 260,000 pounds of cargo was flown out on the wing's C-130s for the deployment.

**BOTTOM:** A Kentucky Air Guard C-130 Hercules departs the base for overseas military operations. The unit is providing airlift support in what could be a yearlong deployment.

More coverage on Pages 4-5.

# Members of the 123rd demonstrate tremendous since of duty

**A**

s I write this, numerous members of the Thoroughbred Express are deployed and actively engaged in our nation's fight to disarm the rogue, murderous and evil regime in Baghdad.

As I watched these fine men and women depart, I was filled with a sense of pride that our nation, and this unit, still has individuals willing to leave their homes, families and jobs simply because I asked them to on behalf of our nation.

There was no complaining, there was no asking, "Why me?"

There was only a sense of duty and a collective feeling that a job needed to be done—and they were, by God, going to go get it done.

Just as previous generations of Americans have done their duty to protect this country, our folks here at the Kentucky Air Guard, answered the call willingly and with a strong sense of purpose.

This sense of duty that has been so prominently displayed out here these past few weeks often takes a back seat to the rights that we all hold dear.

Freedom of religion, speech and assembly, the right to bear arms, to be judged by a jury of our peers, and the right to privacy are all often mentioned—and great pains are taken to ensure that these are not violated.

The problem is that many of the people who are quick to point out any perceived



**Col. Michael Harden  
123rd Airlift Wing Commander**

slight of these rights have no sense of duty necessary to protect these same rights.

We were not simply given these rights by some benevolent being.

These rights were won with the blood of patriots during the birth of our country—patriots who put down their plows, left their shops and families and defeated a tyrannical ruler and formed a new country where these

rights became sacred.

These rights and freedoms have been threatened many times over the years, and men and women of purpose, who have that sense of duty, have always stepped up and defended them, often times giving their lives as a result—and thank God for them.

Conversely there have always been those without a sense of duty who use the rights won in blood to protest and degrade the efforts of our leaders and those who follow them.

They miss the vital connection between a right and a duty.

There will be no rights unless brave men and women fulfill their duties to answer the call to defeat any threat by the numerous enemies of this great county.

Our men and women are fighting to protect the right of Martin Sheen, Richard Gere and my all-time favorite, Jane Fonda, to protest.

Thank God we have such patriots willing to do their duty to protect the rights of all Americans, and thank God we have leaders such as President Bush who are willing to stand up for what is right in the face of people who eagerly take advantage of the blessing of our society without fulfilling their obligation to protect it.

Duty is obedience and disciplined performance.

**See Duty, Page 3**

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# MOWW recognizes local ROTC troops

By Tech. Sgt. Amy Mundell  
Cargo Courier Editor

ROTC instructors and cadets from 12 area universities and high schools joined Military Order of the World Wars members here March 14 for ROTC Recognition Day.

The event, which was sponsored the Maj. Gen. Ben Butler Chapter, recognized the instructors and cadets for their noteworthy contributions to the military defense program.

After opening ceremonies and lunch, each ROTC instructor gave a brief update on his unit activities, including drill competitions, community service and academics. Afterward, cadets took turns sharing insights about their respective ROTC programs, what the program meant to them and future goals.

Lt. Col. Rich Frymire, the chapter's commander, outlined the growing the relationship between MOWW and ROTC.

"Today our chapter members stepped forward to serve as MOWW liaisons to the ROTC units," Frymire said. "This is a positive change to enhance the relationship between MOWW and the ROTC."

MOWW membership is open to all officers who have served honorably in the armed forces of the United States. For more information contact Lt. Col. Rich Frymire at ext. 4589 or 2nd Lt. Latonia Trowell at ext. 4637.



Senior Airman Diane Stinnett/KyANG

The MOWW Maj. Gen. Ben Butler Chapter recognized ROTC students from Louisville-area high schools and universities March 14 during the organization's monthly luncheon here. Capt. Dale Greer of the 123rd Airlift Wing, who is the MOWW liaison for Jeffersontown High School, spent time with Marine Corps instructor Lt. Col. Mark Dobbs, Cadet Maj. Allison Striepe and Cadet Capt. Paul Hieb.

## Fitness Champion program returns

By Senior Airman Mark Flener  
Cargo Courier Editor

The base Fitness Champion program, an incentive campaign that rewards physical fitness, is back after a three-year absence.

The purpose of the program, according to coordinator Staff Sgt. Michael Bradley, is to get Air Guard members involved in physical fitness by awarding prizes for different levels of accomplishment.

"It's not a new program," Bradley explained. "I'm just rebuilding it after it went to the wayside. The last time we had it was in 1999. We're just trying to bring back something good."

"Prizes are given for the frequency of exercise," he said. "The form of exercise can be the individual's choice. They can be a weight lifter, a runner, a walker—whatever their preference."

"The Fitness Champion program will allow Air Guard members to uphold their physical requirements and to maintain a healthy lifestyle," Bradley added.

Prizes for completing set numbers of

workouts will include t-shirts, sweatshirts and duffle bags.

The prizes will be awarded after a participant reaches one of the program's milestones of 35, 70 or 105 workouts. Each person's progress also will be recorded in a log in his or her duty sections.

Participants have the option of completing the three milestones consecutively or "re-starting" after they reach the first level so they can earn more than three prizes per year.

KyANG members who want to participate in the Fitness Champion program can now sign up, Bradley said.

A representative in each duty section will provide the program roster.

Also, the wing fitness center is about to get bigger and better, adding another incentive to get in shape.

"This new facility will be more user-friendly," Bradley said.

The facility will include all-new weight and cardio equipment, a larger workout area and men's and women's showers.

The new fitness facility could be operational as early as this month.

## Duty

Continued from Page 2

Despite difficulty or danger, duty requires responsibility and selfless performance.

Our folks continue to show these things each day whether they are here at home station or deployed overseas.

Our military is the greatest force in the history of the world, and I take immense pride in knowing that the Thoroughbred Express is playing a large role in protecting the freedoms that we all hold dear.

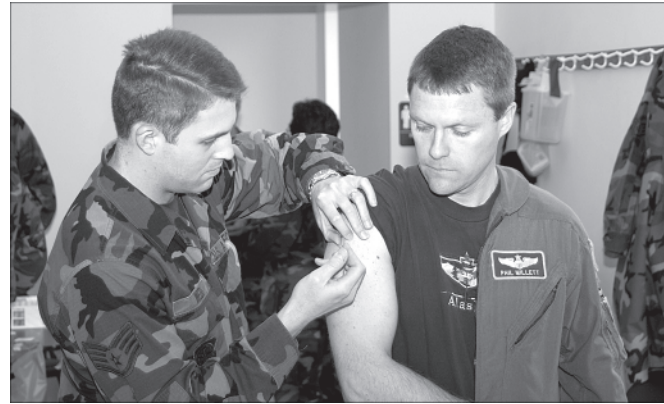
To be born in freedom is a privilege—but to live our lives and die in freedom is our duty.

Thanks Loads!

*Michael R. Flener*



# Movin' Out...



Senior Airman Diane Stinnett/KyANG

**ABOVE:** Maj. Phil Millett of the 165th Airlift Squadron receives an immunization on the processing line from Staff Sgt. Chris Webb, who serves in the wing's medical squadron. More than 500 immunizations were administered to deploying troops.



Senior Airman Philip Speck/KyANG

**ABOVE:** Aircrew members of the 165th Airlift Squadron make their way through the mobility processing line in the Base Annex on March 7. The troops have since deployed and are currently participating in military operations overseas.

**RIGHT:** Col. Howard Hunt, commander of the 123rd Logistics Group, brings his gear in for deployment.



Senior Airman Diane Stinnett/KyANG

**RIGHT:** Tech. Sgt. Greg Terry, a vehicle maintenance operator from the 123rd Logistics Group, hands mobility bags to the 123rd Aerial Port Squadron's Staff Sgt. Duane Wariner so they can build pallets for airlift with the troops.



Senior Airman Philip Speck/KyANG

**RIGHT:** Staff Sgt. Karen Fulton, NCOIC of career enhancement from the wing's military personnel flight, makes dog tags for troops on the mobility processing line.

**LEFT:** As part of the deployment process, KyANG troops load buses and head to Fort Knox, Ky., to accomplish live-fire small-arms training.





Senior Airman Diane Stinnett/KyANG



Senior Airman Philip Speck/KyANG

**LEFT:** In preparation for deployment, Tech. Sgt. Mark Kirk, a crew chief with the 123rd Aircraft Generation Squadron, works on a seat on one of the Kentucky Air Guard's C-130 Hercules.

**BELOW:** Senior Master Sgt. Glenn Farquhar, from the wing's disaster preparedness office, teaches a chemical warfare class to the mobilized troops.



Senior Airman Philip Speck/KyANG



Senior Airman Philip Speck/KyANG



Senior Airman Diane Stinnett/KyANG

**LEFT:** Lt. Col. Tom Curry, a chaplain in the 123rd Airlift Wing, united Senior Airman Drew Poynter and Jessica Gossman in marriage at the Base Annex March 4. Since the mobility processing line also was being operated in the facility, the couple was married during a short break.

Poynter, who is a loadmaster in the 165th Airlift Squadron, was deployed to an overseas location a few days later.



# Children experience feelings of fear similar to adults

Five-year-old Johnny was in the kitchen as his mother made supper. She asked him to go to the pantry and get her a can of tomato soup, but he didn't want to go in alone.

"It's dark in there and I'm scared." She asked again, and he persisted. Finally she said, "It's OK—Jesus will be in there with you."

Johnny walked hesitantly to the door and slowly opened it. He peeked inside, saw it was dark, and started to leave when all at once an idea came to him, and he said: "Jesus, if you're in there, would you hand me that can of tomato soup?"

The fears of our children are real, even if they may not always understand why they are afraid.

During particularly stressful times, children will often pick up on the anxiety and tension in adults around them—when we're afraid, they're afraid.

If you're experiencing feelings of anxiety, helplessness and lack of control over world events, you can expect that your children are feeling the same way.

How children express their fear depends on their age and maturity. Pre-school age children may exhibit behavior such as bed-wetting, thumb sucking and baby talk.

Fear of sleeping alone may intensify in some younger children, or reappear in children who had previously outgrown it.

They may complain of very real stomach cramps or headaches,

and be reluctant to go to school. It's important to remember that these children are not "being bad"—they're afraid.

Children in grade school may ask a lot questions about your fears, and it's important that you try to answer them clearly and simply.

If a child is concerned about a parent who is distressed, don't tell a child not to worry—this will just make him or her worry more.

Encourage adolescents to talk about their fears, especially since they may try to down-play their worries. It's always a good idea to keep the lines of communication open and to remain honest.

Here are some quick tips that may help:

- Children need comforting and frequent reassurance that they're safe—make sure they get it.
  - Be honest and open about your own feelings.
  - Encourage children to express their feelings through talking, drawing or playing.
  - Try to maintain your daily routines as much as possible.
  - Monitor children's media viewing.
  - Children with existing emotional problems such as depression may require careful supervision and additional support.
- For more information contact the National Mental Health Association at 1 (800) 969-6642.

—Maj. Fred Ehrmann  
Wing Chaplain

## Chaplain's Column

# Promotions, retirements & separations



*The following individuals have been promoted to the rank indicated as members of the Kentucky Air Guard and reservists of the United States Air Force:*

### AIRMAN FIRST CLASS (E-3)

•Joseph O'Donnell,  
123rd Aerial Port Sq.

### SENIOR AIRMAN (E-4)

•Benjamin Bull,  
123rd Aerial Port Sq.  
•Michael Lovensheimer Jr.,  
123rd Aerial Port Sq.

### STAFF SERGEANT (E-5)

•Brooke Davisonbillings,  
123rd Medical Sq.  
•Christopher Hamilton,  
123rd Aircraft Generation Sq.

•James Nalley Jr.,  
123rd Aircraft Generation Sq.

### TECHNICAL SERGEANT (E-6)

•Paul Combs,  
123rd Logistics Sq.  
•Christopher Jackson,  
123rd Civil Engineers Sq.  
•Derek Whitmer,  
165th Weather Flt.  
•Felicia Williams,  
123rd Airlift Wing

*The following individuals have retired as members of the Kentucky Air Guard and reservists of the United States Air Force:*

•Staff Sgt. Estil Garriott,  
123rd Civil Engineers Sq.  
•Tech. Sgt. Larry Harlison,  
123rd Aerial Port Sq.  
•Dianna Nelson,  
123rd Mission Support Ft.

*The following individuals have separated from the Kentucky Air Guard:*

•Staff Sgt. Jody Cauch,  
123rd Weather Flt.  
•Airman First Class Laura Cooper,  
123rd Student Flt.  
•Airman Basic Brent Douglas,  
123rd Medical Sq.  
•Airman 1st Class Rex Ferrence II,  
123rd Student Flt.  
•Tech. Sgt. Arnulfo Guerrero,  
123rd Special Tactics Sq.  
•Staff Sgt. Brennan Hanousek,  
123rd Aircraft Generation Sq.  
•Airman Basic Gregory Hilbert,  
123rd Student Flt.  
•Tech. Sgt. Scott Nolte,  
123rd Maintenance Sq.  
•Staff Sgt. Michael Ricks,  
123rd Maintenance Sq.  
•Tech. Sgt. Todd Shackelford,  
123rd Aircraft Generation Sq.  
•Tech. Sgt. Karla Sheckells,  
123rd Maintenance Sq.  
•Senior Airman Angelina Weaver,  
123rd Aerial Port Sq.

# USAF implements Stop-Loss in specific AFSCs

**By Staff Sgt. A.J. Bosker  
Air Force Print News**

WASHINGTON—The assistant secretary of the Air Force for manpower and reserve affairs has authorized the use of Stop-Loss to retain specific skills needed to meet national security objectives.

Effective May 2, 43 officer and 56 enlisted specialties will be affected by Stop-Loss.

“We do not take this action lightly,” said Secretary of the Air Force James G. Roche.

“Stop-Loss is designed to preserve critical skills essential to supporting the global war on terrorism, while ensuring we’re prepared to meet other contingencies.”

“We’ve implemented Stop-Loss to ensure we have the necessary skilled personnel to conduct operations,” said Air Force

Chief of Staff Gen. John P. Jumper. “We’ll use it only as long as necessary to accomplish our mission.”

Stop-Loss is being implemented across the active duty, Air Force Ready Reserve and Air National Guard for the affected career fields in the ranks of airman through colonel, according to Maj. Teresa L. Forest, chief of Air Force retirements and separation policy at the Pentagon.

Both the secretary and chief of staff are acutely aware that the Air Force is an all-volunteer force and that this action, while essential to meeting the service’s worldwide obligations, is inconsistent with the fundamental principles of voluntary service.

“We take Stop-Loss seriously and are working hard to ensure the lives of our airmen, their families and their civilian employees are not disrupted any longer than is nec-

essary to meet our national commitments,” Jumper said.

Therefore, a waiver process will be implemented for those people with unique circumstances.

“We are doing our best to minimize this disruption,” Roche said. “And we will look at unique circumstances on a case-by-case basis and do all we can to offer appropriate relief.”

“We understand the individual sacrifices that our airmen and their families will be making,” Jumper said. “We appreciate their unwavering support and dedication to our nation.”

*For more information contact the military personnel flight or the Air Force Personnel Center’s Stop-Loss Control Center at (210) 565-2374 or DSN 665-2374.*

## Army Guard begins air base security mission

**By Master Sgt. Scott Elliott  
Air Force Print News**

WASHINGTON—Look closely as you drive through base entry gates and you may notice a different style rank insignia on the security guard—that of the Army National Guard.

The organization is deploying up to 10,000 soldiers to help secure Air Force installations worldwide, including the Kentucky Air Guard base in Louisville, Ky.

Not all soldiers who will guard air bases possess the military police occupational specialty, but officials say the soldiers’ basic military and mobilization training qualifies them for the tasks they will be assigned.

Specifically, soldiers will perform installation entry control duty, conduct vehicle searches and random anti-terrorism measures, and perimeter security patrols.

## Design for AF memorial unveiled

**By Senior Master Sgt. Rick Burnham  
Air Force Print News**

ARLINGTON, Va.—For the better part of the past century, the men and women of the Air Force and its predecessors have soared high above the clouds in defense of the nation and freedom-loving people everywhere.

Those ideals will soon be reflected in a memorial designed to reach high into the skyline of the nation’s capital, honoring those who have slipped the surly bonds to overcome America’s enemies, both at home and abroad.

The design for the new Air Force Memorial was unveiled during a ceremony here March 5.

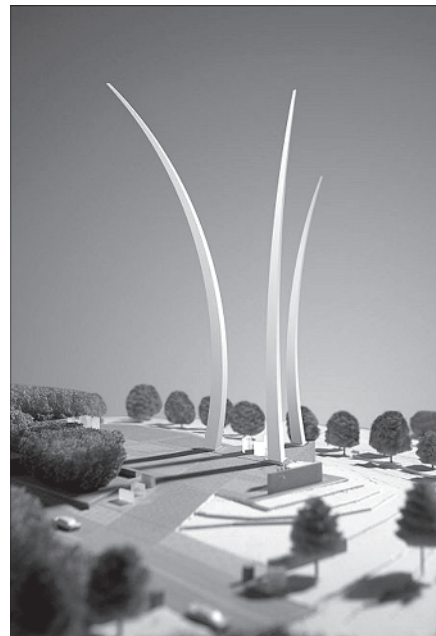
The memorial will provide a fitting tribute to the millions who have served, are serving today and those who will serve tomorrow, said retired Maj. Gen. Edward F. Grillo, president of the Air Force Memorial Foundation.

“The Air Force does not have a national memorial, so this is certainly long overdue,” he said. “We feel this memorial will honor the millions of patriotic men and women who have served in the Air Force and its predecessor organizations—the aviation

pioneers of yesterday.

“The three spires will represent the Air Force in a manner that is projecting itself into the air and space—gracefully yet boldly.”

Construction on the memorial, designed by James Ingo Freed, will begin in 2004 and be complete in 2006.



Courtesy art

# President nominates new National Guard chief

## National Guard Bureau Staff Report

The president has nominated Army National Guard Maj. Gen. H. Steven Blum for appointment to the rank of lieutenant general with assignment as the chief of the National Guard Bureau, Secretary of Defense Donald H. Rumsfeld announced.

Blum previously served as the Chief of Staff for Headquarters U.S. Northern Command and Headquarters North American Aerospace Defense Command, Peterson Air Force Base, Colo.

In this position, he was responsible for coordinating and directing a Joint NORTHCOM staff in order to deter, prevent and defeat threats and aggression aimed at the United States and its territories and interests within Northern Command's assigned areas of responsibility.

The general has commanded at every level to include a Special Forces Operational Detachment-A, a Light Infantry Battalion, a Light Infantry Brigade Task Force and a Division Support Command.

Blum has served as Assistant Adjutant General for Army-Commanding General of the Maryland Army National Guard, and Assistant Division Commander (Support), 29th Infantry Division Light. He also has served as the Commanding General, 29th Infantry Division (Light) and Commanding General for Multinational Division (North) SFOR-10 in Operation Joint Forge, Bosnia Herzegovina.



Joe Burlas

**Maj. Gen. Steven Blum was recently nominated by the President for appointment to the rank of lieutenant general with an assignment as the chief of the National Guard Bureau. Last year, Blum served as the commanding general of the Stabilization Force 10 and Multinational Division-North in Bosnia, where he stressed to Bosnian journalists that the country must begin to embrace the diversity of its people.**

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